



# SHAMWARI

— PRIVATE GAME RESERVE —

## TREATMENT MENU

# SHAMWARI SIGNATURE JOURNEY

## 3 HOURS

Escape for a little while to a place of perfect balance and relaxation. Renew your body, soul and mind by indulging in a full body exfoliation, wrap and massage. Allow yourself to get lost in the beauty of nature while being pampered with a customised facial that will leave your skin feeling revitalised and restored.

R3000

  
BABOR



# FACIAL EXPERIENCES

## REJUVENATING SKINOVAGE

Choose between a 30 or 60-minute treatment tailored to your skin's individual needs. Smooth, silky textures and effective active ingredients restore balance to the skin. In these treatments, we select products from our premium SKINOVAGE collection to suit your specific skin type,

**30 min | R650**

**60 min | R1090**

## AGE CONTROL

A treatment that targets expression lines and minimises the appearance of fine lines by restoring facial contours leaving the skin looking relaxed with a rosy, radiant glow. For all skin types except for blemish-prone skin.

**60 min | R1090**

## CLEANFORMANCE

A vegan-friendly skincare solution to promote the balance of the skin's natural microbiome leaving the skin with a healthy complexion.

**60 min | R700**

## THE ANTI-WRINKLE EXPERT

A luxurious facial consisting of rich textures and high performance active anti-ageing ingredients that absorb well into the skin to target existing fine lines and wrinkles redefines facial contours and relaxes facial muscles for the ultimate skin indulging experience.

\*Treatment includes a hand and arm refreshment

**90 min | R1700**



Experience the partnership of Shamwari, a safari Spa destination, and BABOR, an international skincare expert with 6 decades of luxury skincare expertise.

ASK  
FOR  
MORE

# BODY EXPERIENCES

CUSTOMISE YOUR TREATMENT TO YOUR PREFERRED FRAGRANCE

## **Energizing**

A revitalizing feel-good fragrance with fresh, harmoniously balanced notes of apple, lemon, spearmint, eucalyptus, rosemary and lavender.

## **Shaping**

A flattering therapeutic fragrance composed of orange, mimosa, almond, and musk.

## **EARTH POPPY SEED SCRUB AND CREAM WRAP**

Using natural poppy seeds to exfoliate the skin's surface, this exfoliant prepares the body for a nourishing wrap. This treatment promotes skin elasticity, suppleness and supports skin regeneration.

**60 min | R1100**

## **OCEAN SALT SCRUB, CREAM WRAP AND MASSAGE**

An invigorating full-body sea salt oil exfoliant, paired with your preferred fragranced body oil, prepares the body for a refreshing cream wrap followed by a full body massage.

**90 min | R2000**

## **MASSAGE EXPERIENCES**

Unwind and relieve your stress build-up by customising your massage to suit your individual needs. Whether it is back and neck, full-body or shoulder and scalp – you may tailor your treatment to your needs.

**30 min | R550**

**60 min | R890**

**90 min | R1290**

**Hotstone 75 min | R1050**

**Add on Aroma Stones | R150**

ASK  
FOR  
MORE

Immerse yourself in a BABOR SPA moment, to feel deep-rooted wellness experiences and skin's softness. Earth and Ocean embody our world and together gives you a magical BABOR SPA experience.

BABOR

# THALGO TREATMENTS

## ANTI-TENSION RITUAL

*Merveille Arctique*

Inspired by age-old Nordic rituals, the soothing warmth and reviving freshness of the warm and cool massage balls, alternate to relax the body and release tension, increasing blood and lymphatic circulation.

Arctic Salt Flake Scrub and Muscle Soothing  
Kneipp Massage (Full Body) **90 min | R1500**

Arctic Muscle Soothing Kneipp Massage (Full Body) **60 min | R950**

## RELAXING RITUAL

*Îles Pacifique*

A relaxing ritual with warm pouches filled with warm sand from the shores of Bora Bora. Inspired by the rocking movement of the waves of the Pacific islands, the fragrance of Vanilla, Coconut and Frangipani create an explosion of delicious fragrances while the heated sand pouches activate deep relaxation.

Pacific Coconut and Vanilla Bora Bora sand Scrub and  
Relaxing Mahana Massage (Full Body) **90 min | R1500**

Pacific Relaxing Mahana Massage (Full Body) **60 min | R950**

## ENERGISING RITUAL

*Joyaux Atlantique*

The erosive force of waves has coloured the Atlantic coast sand, depositing a host of energising semi-precious minerals. Enjoy the revitalising power of precious Algae enriched with gold and marine stones to restore the body's vital energy.

Atlantic Pink Sand Scrub Scrub and  
Energising Massage (Full Body) **90 min | R1500**

Atlantic Energising Massage (Full Body) **60 min | R950**



## FRIGI-THALGO LIGHT LEGS TREATMENT

A body wrap treatment derived from cryotherapy to rapidly recover lighter legs.

Feather Light Legs **45 min | R700**

## SILICIUM MARIN SUPER LIFT FACIAL

Anti-ageing treatment rich in marine silicium, integrating a double mask for effective action on wrinkles and nascent loss of firmness.

Silicium Marin Super Lift Facial **60 min | R1900**

## EXPRESS HYDRA-RADIANCE FACIAL

The Ultimate Hydra Marine Ritual, magnifies radiance and reveals the beauty of dull, tired complexions. The secret of its effectiveness is its mask and professional concentrates combined with energising digital pressure.

Express Hydra-Radiance Treatment **30 min | R500**



# HAND TREATMENTS

## REFINED TOUCH

Choose your preferred hand treatment from the selection below to redefine your touch.

<b>Express Manicure</b>	<b>30 min  </b>	<b>R450</b>
<b>Gel Overlay</b>	<b>45 min  </b>	<b>R550</b>
<b>Full Manicure</b>	<b>60 min  </b>	<b>R650</b>
<b>Full Manicure with Gel Overlay</b>	<b>60 min  </b>	<b>R750</b>



# FOOT TREATMENTS

## DELICATE STEPS

Choose your preferred foot treatment from the selection below to enhance your delicate steps.

<b>Express Pedicure</b>	<b>30 min  </b>	<b>R450</b>
<b>Full Pedicure</b>	<b>60 min  </b>	<b>R650</b>
<b>Full Pedicure with Gel Overlay</b>	<b>60 min  </b>	<b>R750</b>
<b>Soak Off</b>	<b>30 min  </b>	<b>R150</b>



# BAMBINO PAMPERING

## PAMPERED PERFECTION

Treat your “mini-me” with a SPA treatment making them feel like royalty.  
(Children 11 years old and younger, all treatments are 20 Min)

<b>Blissful Back Massage</b>	R300
<b>Magical Manicure</b>	R250
<b>Precious Pedicure</b>	R250

# SPA ETIQUETTE

## ARRIVAL TIME

Arriving late may influence your treatment time so the next guest is not delayed. Please arrive at least 15 minutes before the scheduled time to check-in and prepare to enjoy your treatment.

Depending on the treatment, robes and towels are provided in each of the rooms throughout the reserve. Each of our professional therapists will consult with you prior to your appointment. Please feel free to mention your favourite aromas or specific health conditions when making your booking. Our luxury relaxation retreats also have retail products on sale.

## HEALTH MATTERS

It is recommended that guests shower prior to the appointment. Please communicate health conditions such as high blood pressure, allergies, pregnancy or any other health-related concerns you have when making your appointment. We do not recommend the consumption of alcohol before or directly after Spa treatments. Please consult your doctor before using exercise equipment if under medical supervision or if you are taking medication.

## CANCELLATION POLICY

Should you need to cancel your booking, we require at least 24 hours' notice before your scheduled appointment, or we are required to charge 50% of the treatment cost.

## RETURNS

Treatments are non-refundable, non-transferable and may not be exchanged for other treatments. For hygiene reasons, products purchased may not be returned or exchanged.





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